

WINTER READS 2021

RECOMMENDED MATERIALS

CHILDRENS LIST

REFLECT & RESTART

HEALTH & WELLNESS

- "I Can Do Hard Things" by Gabi Garcia
- "The Feelings Book" by Todd Parr
- "The Going to Bed Book" by Sandra Boynton
- "Good Enough to Eat" by Lizzy Rockwell
- "Good Morning Yoga" by Mariam Gates
- "The Monster Health Book" by Edward Miller
- "The Way I Feel" by Janan Cain

PERSPECTIVES & EXPERIENCES

- "Hair Love" by Matthew Cherry
- "Heather Has Two Mommies" by Lesléa Newman
- "Jingle Dancer" by Cynthia Leitich Smith
- "Sulwe" by Lupita Nyong'o
- "Marisol McDonald Doesn't Match" by Monica Brown
- "A Place to Stay" by Erin Gunti
- "Rainbow: A First Book of Pride" by Michael Genhart
- "Still a Family" by Brenda Reeves Sturgis

SNOWY SCENES

0-7 YEARS OLD

- "Akiak" by Robert J. Blake
- "Biscuit's Snow Day" by Alyssa Satin Capucilli,
- "Mouse's First Snow" by Lauren Thompson
- "The Polar Bear Paddle" by David Bedford
- "The Snowy Day" by Ezra Keats
- "Stranger in the Woods" by Carl R. Sams
- "The Tiny Snowflake" by Arthur Ginolfi

8+ YEARS OLD

- "A Little Princess" by Tania Zamorsky
- "Anne of Green Gables" by L.M. Montgomery
- "Balto of the Blue Dawn" by Mary Pope Osborne
- "Julie of the Wolves" by Jean Craighead George
- "The Lion, The Witch, and the Wardrobe" by C.S. Lewis
- "My Thirteenth Winter" by Samantha Abeel
- "The Poet's Dog" by Patricia MacLachlan

WINTER READS 2021

RECOMMENDED MATERIALS

TEENS & ADULTS LIST

REFLECT & RESTART

HEALTH & WELLNESS

- "How to Be A Good Creature" by Sy Montgomery
- "The Little Book of Hygge" by Meik Wikings
- "The Book of Secrets" by Deepak Chopra
- "The Life-Changing Magic of Tidying Up" by Marie Kondo
- "The Happiness Project" by Gretchin Ruben
- "The Body Keeps the Score" by Bessel Van Der Kolk

PERSPECTIVES & EXPERIENCES

- "The Astonishing Color of After" by Emily XR-Pan
- "Between the World and Me" by Ta-Nehesi Coates
- "Crenshaw" by Katherine Applegate
- "The Hate U Give" by Angie Thomas
- "I am Not Your Perfect Mexican Daughter" by Erika L. Sánchez
- "Life of Pi" by Yan Martel
- "The Poet X" by Elizabeth Acevedo
- "Someone Like Me" by Julissa Arce
- "What If It's Us" by Becky Albertalli
- "Wild" by Cheryl Strayed

SNOWY SCENES

WINTER NOVELS & MEMOIRS

- "The Bingo Palace" by Louise Erdrich
- "The Book Thief" by Markus Zusak
- "The Call of the Wild" by Jack London
- "Educated" by Tara Westover
- "The Glass Castle" by Jeanette Walls
- "The Golden Compass" by Philip Pullman
- "The Great Alone" by Kristin Hannah
- "The Hobbit" by JRR Tolkien
- "Little Women" by Louisa May Alcott
- "Oliver Twist" by Charles Dickens
- "The Shining" by Stephen King
- "Snow Falling on Cedars" by David Guterson
- "Shiver" by Maggie Stiefvater
- "To All the Boys I've Loved Before" by Jenny Han
- "A Tree Grows in Brooklyn" by Betty Smith
- "Winter Garden" by Kristin Hannah
- "The Winter People" by Jennifer McMahon